

For Immediate Release
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Contact: Tom Quinn
Marketing Director
756-3513

Pam Schepis New CRMC Nutrition Coordinator

Cortland Regional Medical Center (CRMC) recently welcomed Pam Schepis, MA, RD, CDE, CDN, as its new Clinical Nutrition Coordinator. In her new role, Schepis is responsible for overseeing both inpatient and outpatient nutrition care at the medical center, as well as participation in community education and wellness programs.

Schepis brings over 15 years of healthcare experience to CRMC, having worked as a dietitian in facilities in Bethesda (Maryland), Rochester, Syracuse and Oneida. Most recently she served as Dietitian and Food Service Director at A.L. Lee Memorial Hospital in Fulton. Schepis's many accomplishments at Lee Memorial included developing the outpatient nutrition program, implementing a clinical and food service process improvement program, and creating an employee weight management program.

Born in Syracuse, Schepis attended SUNY-Buffalo where she earned a bachelors of science degree in Dietetics. She continued her education at Syracuse University graduating with a master's degree in Nutrition Science. In addition to being a certified dietitian/nutritionist, Schepis earned her certification as a diabetes educator through the American Association of Diabetic Educators.

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