

For Immediate Release
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CRMC Honors Medical Staff

On Monday May 5, Cortland Regional Medical Center hosted the 17th Annual Physician Recognition Dinner at the Cortland Country Club. The event honors local physicians and allied health professionals for their dedication and service to the Cortland community. The highlight of the evening was the announcement of the 2008 “Physician of the Year”. This award is presented to a member of the medical staff who is dedicated to “excellence in patient care, has given significant service to Cortland Regional Medical Center, and has demonstrated significant and continued academic effort.”

Sandra Holland, M.D., was announced as the latest recipient of the Physician of the Year Award. For the past 20 years, Dr. Holland has provided compassionate care to countless families throughout our community, first as a family practice physician, then an acupuncturist, and most recently as a staff physician at CRMC Prompt Care.

During her tenure Dr. Holland has chaired the medical center’s Family Practice Department. She has served on numerous committees and is a long-standing member of the Credentials Committee. Dr. Holland has served as that committee’s chair for the past four years. In addition, she is presently Vice President of the Medical Staff.

Dr. Holland began her medical education at Michigan State University Medical School and then went on to complete a residency in Family Practice at St. Joseph’s Hospital Health Center in Syracuse. She joined the family practice staff at the Groton Health Center and later moved to the Cortland Health Center. During this time she served as a preceptor in the R-MED program, a partnership between SUNY Upstate Medical University and Cortland Regional that provides a nine-month educational experience for medical students considering a primary care career in a rural setting.

Board Certified in Family Practice, Dr. Holland was interested in exploring alternative medicine and the treatment options popular in non-Western cultures that integrate mind and body. She trained as a medical acupuncturist through the University of California at Los Angeles and operated a private practice

in Cortland. In July 1999 Dr. Holland joined the staff of CRMC's new non-emergency walk-in care center: Evening Care—Weekends Too! (now Prompt Care).

Dr. Holland belongs to and supports a number of community organizations – particularly those involved with health or the environment. Her primary involvement at the local level is with the YWCA. She served two terms on the Board of Directors and continues to be involved at the committee level.

She makes her home in Cortland with her husband, Frank, a retired licensed family therapist and massage therapist. Her stepdaughter Erin also lives in Cortland and works at Cornell University

In addition to Dr. Holland, other members of the CRMC medical staff were honored at the dinner for their years of patient care, dedication, and service.

40 Years

Stewart VerNooy, M.D. (Internal Medicine)

25 Years

R. Wayne Cotie, M.D. (General Surgery)

Amin El-Hassan, M.D. (Urology)

In Whan Oh, M.D. (OB/GYN)

20 Years

Robert Castellanos, M.D. (Family Practice)

James Leonard, D.P.M. (Podiatry)

Jody Stackman, M.D. (Neurology)

15 Years

Nicholas Biondi, D.O. (Family Practice)

James Gaffney, M.D. (Neurology)

John Tanquary, M.D. (Psychiatry)

10 Years

Christopher Smith, M.D. (Asthma & Allergy)

Nita Stormann, N.P.

5 Years

Sivaneswary Ananada, M.D. (Pediatrics)

Danielle Bellumori, N.P.

Anna Marie Garcia, M.D. (OB/GYN)

Kirwin Gibbs, M.D. (Radiology)

Cindy Johnson, M.D. (Family Practice)

Michael Maresca, M.D. (Radiology)

Terrence Schumpert, M.D. (Radiology)

William Shang, M.D. (Pathology)