

For Immediate Release  
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### **CRMC Announces Limited Visiting Hours, Steps to Promote Patient Safety**

Due to the recent increase in H1N1 influenza cases in Cortland County, Cortland Regional Medical Center (CRMC) is taking steps to ensure its patients have the safest healing environment possible. The following guidelines are effective beginning Monday November 9:

- Visiting hours for ICU and Medical/Surgical Units (2S and 3S) are between 9 a.m. and 9 p.m. daily. Visiting hours for 2E Maternity Unit are Noon – 8 p.m. daily.
- Maximum of two visitors at a time are allowed to visit each patient.
- Children under 18 are restricted from visiting patients. (Note: healthy siblings will be allowed to visit on 2E Maternity Unit).
- Expectant mothers are limited to two coaches during labor.
- New fathers or significant others may still stay overnight on 2E Maternity Unit.
- All visitors are asked to wash their hands at a sanitizer station before entering patient care areas.
- Patients who have scheduled tests, procedures, or surgery are asked that only one person accompany them.

People who are ill with flu-like symptoms (fever with cough or sore throat), or are simply not feeling well, are reminded by CRMC staff to not visit hospital patients at all.

“We are making these adjustments and taking these measures as a way for us to help safely care for our patients,” said Brian Mitteer, CRMC President/CEO. “We are asking for the public’s cooperation to help protect the loved ones they are coming to visit.”

If you have any questions about the H1N1 flu, please call the NYS Department of Health  
Hotline (800) 808-1987.

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